

*We support  
self-determination*

## IS THIS FOR YOU?

Do you have a dispute or conflict  
with someone?

Would you like to resolve it, but  
nothing you've tried has worked?

Contact the ICDRS team by  
phone, web chat or email to  
learn more about how we help  
people like you.

Don't give up! Mediation can help  
transform conflict into greater  
understanding and open up  
options for resolution you have  
not yet considered.

## CONTACT US

We are local and national

1300 079 345

email: [icdrs@interact.support](mailto:icdrs@interact.support)

Find resources on our website

<https://icdrs.interact.support>



INTERACT SUPPORT  
INCORPORATED

An Interact Support Inc Project

*... because  
sometimes peace  
needs a helping  
hand*



**Not-for-profit**

**ICDRS  
Interact Community  
Dispute Resolution  
Services**



**IS TALKING  
THROUGH THE  
ISSUE  
DIFFICULT?**

**LET US HELP**

## **HOW WE HELP**

### **INFORMATION AND GUIDANCE**

Contact us for expert guidance about your options for resolving your conflict situation.

### **MEDIATION SERVICES**

Our mediators can support you with dispute resolution in many areas, including workplace, wills and estate, neighbours, community groups, schools and family law.

Mediation is confidential, quicker and much less expensive than adversarial legal action.

Contact us for a confidential discussion about your dispute situation.

### **WORKSHOPS & COACHING**

We offer interactive workshops and talks.

Current options include:

- Conflict Management First Aid workshop for early de-escalation
- Online Anger Management course
- Conflict Management for One
- Mediation preparation coaching workshops

## **OUR APPROACH**

### **WE'RE A SOCIAL ENTERPRISE**

That means we adjust our fees based on your financial situation.

A health care card or other evidence of your need for reduced rates is required.

We also offer lower rates for small not-for-profits and charities.

### **ICDRS TEAM**

Our team of dispute resolution professionals from around Australia volunteer their time to make this service possible.

## **FIND OUT MORE**

Visit <https://icdrs.interact.support> or scan the QR code below

